

List of abbreviations

AHI	apnoea-hypopnoea index	HF	heart failure
ASV	adaptive servo ventilation	ICSD	International Classification of Sleep Disorders
BMI	body mass index	IPAP	inspiratory positive airway pressure
BP	blood pressure	MRI	magnetic resonance imaging
BPAP	bilevel positive airway pressure	MSLT	Multiple Sleep Latency Test
CHF	congestive heart failure	NIV	noninvasive ventilation
CPAP	continuous positive airway pressure	NREM	non-rapid eye movement
CSA	central sleep apnoea	OHS	obesity hypoventilation syndrome
CSR	Cheyne-Stokes respiration	OSA	obstructive sleep apnoea
CVD	cardiovascular disease	OSAS	OSA syndrome
COPD	chronic obstructive pulmonary disease	OSLER	Oxford Sleep Resistance Test
DBP	diastolic BP	P_{aCO_2}	arterial carbon dioxide tension
EDS	excessive daytime sleepiness	P_{aO_2}	arterial oxygen tension
EEG	electroencephalography	PAP	positive airway pressure
EMG	electromyography	PSG	polysomnography
ENT	ear, nose and throat	P_{tcCO_2}	transcutaneous carbon dioxide tension
EOG	electrooculography	REM	rapid eye movement
EPAP	expiratory positive airway pressure	SAHS	sleep apnoea-hypopnoea syndrome
ESS	Epworth Sleepiness Scale	S_{aO_2}	arterial oxygen saturation
FVC	forced vital capacity	SDB	sleep disordered breathing
FRC	functional residual capacity	SBP	systolic blood pressure
FEV₁	forced expiratory volume in 1 s	V'_E	minute ventilation