

# List of abbreviations

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<b>AHI</b>	Apnoea–hypopnoea index
<b>BMI</b>	Body mass index
<b>BP</b>	Blood pressure
<b>BPAP</b>	Bilevel positive airway pressure
<b>COPD</b>	Chronic obstructive pulmonary disease
<b>CPAP</b>	Continuous positive airway pressure
<b>CSA</b>	Central sleep apnoea
<b>CVD</b>	Cardiovascular disease
<b>DBP</b>	Diastolic blood pressure
<b>EDS</b>	Excessive daytime sleepiness
<b>EPAP</b>	Expiratory positive airway pressure
<b>ESS</b>	Epworth Sleepiness Scale
<b>FEV1</b>	Forced expiratory volume in 1 s
<b>FRC</b>	Functional residual capacity
<b>FVC</b>	Forced vital capacity
<b>HF</b>	Heart failure
<b>IH</b>	Intermittent hypoxia
<b>IL</b>	Interleukin
<b>IPAP</b>	Inspiratory positive airway pressure
<b>MAD</b>	Mandibular advancement device
<b>ODI</b>	Oxygen desaturation index
<b>OSA</b>	Obstructive sleep apnoea
<b>PAP</b>	Positive airway pressure
<b>PSG</b>	Polysomnography
<b>RCT</b>	Randomised controlled trial
<b>RDI</b>	Respiratory disturbance index
<b>REM</b>	Rapid eye movement
<b>SBP</b>	Systolic blood pressure
<b>TNF</b>	Tumour necrosis factor
<b>UA</b>	Upper airways