



# Guest Editors

Sofia Belo Ravara

Sofia Belo Ravara is Consultant of Pulmonology and Assistant Professor of Preventive Medicine and Epidemiology at the University Hospital/University of Beira Interior, Covilhã, Portugal. She is also associate researcher at the National School of Public Health, NOVA University, Lisbon, Portugal. Her research interests are the prevention and control of respiratory diseases, lifestyle medicine and medical education. Her work as a respiratory physician in major hospitals has given her an understanding of how tobacco harms the population's health. She holds a masters degree in tobacco control (University of Cantabria, Santander, Spain) and has worked in hospital-based smoking-cessation clinics, workplace cessation programmes, hospital smoke-free networks and health professional training. As a consequence, she was naturally grounded in health policy and advocacy, and works passionately in these fields.



Sofia Belo Ravara collaborates with several medical scientific societies and tobacco control non-governmental organisations and networks across Europe.

To date, she has co-authored over 50 peer-reviewed papers and 17 book chapters, supervised 25 masters dissertations, and participated in research projects submitted to the Portuguese Government, the European Commission and the pharmaceutical industry.

Sofia Belo Ravara has been a European Respiratory Society (ERS) officer and a member of the ERS Tobacco Control Committee (2012–2020). She has collaborated with the World Health Organization (WHO) in supporting countries to strengthen health systems in tobacco-dependence treatment and gender policies. She is: a member of the National Committee on Health Literacy, Portuguese Directorate of Health; a board member of the International Network of Women Against Tobacco (INWAT) Europe; and an editorial board member of *Tobacco Prevention & Cessation*, the *Journal of Substance Use and Prevention del Tabaquismo*.

## Elif Dağlı



Elif Dağlı graduated from Hacettepe University Medical Faculty (Ankara, Turkey) in 1980 and completed her residency in paediatrics at the same university. She was appointed at Marmara University (Istanbul, Turkey) as Assistant Professor in 1987 and became Associate Professor in 1988. She then went on to work as Research Fellow at the Department of Paediatric Allergy and Respiratory Medicine, at the Royal Brompton Hospital (London, UK) in 1988–1990. During her training in London she worked with ASH (Action on Smoking Health) and Professor Sir John Crofton on smoking prevention. In 1990, she established the Department of Paediatric Pulmonology at Marmara University and was appointed as Professor of Paediatrics in 1994. Between 2000 and 2010 she worked as Chair of the Department of Paediatrics and Head of Paediatric Pulmonology at Marmara University Hospital (Istanbul, Turkey). She lectures on the health effects of tobacco, nicotine and novel products, tobacco control strategies, chronic lung diseases of childhood, differential diagnoses by respiratory symptoms, cystic fibrosis and tuberculosis.

At the European Respiratory Society (ERS), Elif Dağlı served as Secretary of the Long Range Planning Committee of the Paediatric Assembly during 1996–2000, as Executive Committee Member-at-Large in 1998–2002, and as founder and Chair of the Smoking Prevention Committee in 1999–2002. She served as Chair of the Scientific Coordinating Committee and Secretary General at the International Union Against Tuberculosis and Lung Disease (IUATLD). She was a founding member of Tobacco Control and Paediatric Pulmonology Working Groups and became Scientific Committee Chair and board member in 1993–2013 at the Turkish Thoracic Society. She is a member of the American Thoracic Society (ATS) Tobacco Action Committee.

Elif Dağlı has received the following recognition: the American Cancer Society Global Smoke-free Partnership award in 2009; IUATLD Honorary Membership in 2011; the Bloomberg Initiative Smoke-free award for representing a national coalition on tobacco or health in 2012; and the Luther Terry Award for outstanding leadership in 2018.

## Paraskevi Katsaounou



Paraskevi Katsaounou is Assistant Professor of Respiratory Medicine at the National and Kapodistrian University of Athens Medical School (NKUA) (Athens, Greece) and does clinical work at the Pulmonary and Respiratory Failure Department of the first ICU of Evangelismos Hospital (Athens, Greece). She holds an MSc on ergospirometry and rehabilitation, a PhD on oxidative stress during exercise and resistive breathing and did a post-doc at the National

Heart and Lung Institute of Imperial College London (London, UK). Her current research interests include smoking cessation, asthma, respiratory infections, public health, ergospirometry, exercise and rehabilitation.

Paraskevi Katsaounou has worked as: Chair of the European Respiratory Society (ERS) Tobacco, Smoking Control and Health Education Group; a member of the ERS Tobacco Control Committee; Chair of Smoking Cessation and Public Health Group of the Hellenic Thoracic Society (HTS); lead in the World Health Organization (WHO)–ERS Train the Trainer Project in Tobacco Cessation; and a member of ERS task force on e-cigarettes. She is currently Chair of the Infection Group of the HTS and board member of the Hellenic Thoracic Society Council.

Her passion for efficiency by leveraging technology for health knowledge transfer led to her successfully launch an e-learning module for smoking cessation at NKUA.

Paraskevi Katsaounou is: a recipient of grants – Aristeia, a Global Research Awards for Nicotine Dependence Grant and collaborator at Eurest-Plus, Joint Action for Tobacco Control grants; a reviewer of peer-reviewed journals; and a member of the editorial board of *Tobacco Cessation and Prevention*. She is certified with Mayo Clinic Tobacco Treatment Specialist Training and is a qualified trainer in smoking cessation for the WHO, the HTS and ERS. Paraskevi is an ardent advocate of tobacco control and collaborates with international tobacco control non-governmental organisations and networks across Europe and several medical scientific societies.

Keir E. Lewis

Keir E. Lewis is a Professor at Swansea University (Swansea, UK) and Respiratory Lead for a group of hospitals (Hywel Dda University Health Board) in Wales, UK.

As a pulmonologist, he set-up and leads his hospital network of smoking cessation, sleep apnoea and respiratory failure services. He was a Regional Director of NHS R&D (2009–2019), expanding the service by over 1000% in both income and staff, and winning several awards. He has co-authored UK and European Guidelines on Smoking Cessation and was Chair of the British Thoracic Society (BTS) Tobacco Speciality Advisory Group. He has advised Welsh and UK governments on smoking and tobacco control.

Keir E. Lewis is the UKCRN Speciality Lead for Respiratory Research for Wales. He leads several multicentre trials, including



the largest prospective cohort study (LungCast) looking at stopping smoking after a diagnosis of lung cancer. He is lead or co-applicant on grants worth over €25 million, has given invited lectures worldwide on smoking cessation and has written two textbooks. In 2019, he helped create and is the first Medical Director of a government project, Respiratory Innovation Wales (riwales.com).

### Charlotta Pisinger



Charlotta Pisinger is a medical doctor, has a PhD and a masters in public health and is Denmark's first professor in tobacco prevention. She is a Professor at the University of Copenhagen (Copenhagen, Denmark) and Adjunct Professor at the University of Southern Denmark (Odense, Denmark). She often provides testimony as a national tobacco expert, has written the national smoking cessation guidelines, has published many tobacco-related reports and has presented scientific evidence in the European Union (EU) Parliament. She has written a background paper on e-cigarettes and health for the World Health Organization (WHO) and has been investigator in several large intervention trials.

Charlotta Pisinger was, until recently, Chair of the Tobacco Control Committee of the European Respiratory Society (ERS) (2017–2020) and served on the Board of the Danish Society of Public Health (2016–2019). She has also served as a member of the Research Assessment Committee of the Danish Heart Foundation (2015–2017), Vice-President of the Danish Society of Epidemiology (2011–2014) and President of the Danish Society of Tobacco Research (2005–2010).

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